



Aiken Trails Club @ Stable View

Aiken, SC –2/5/2025– Stable View is delighted to announce the expansion of its trail running program and is launching The Aiken Trails Club @ Stable View. This initiative is designed to celebrate the spirit, soul, and adventure of running and walking outdoors, offering more access to the Stable View trails system throughout the year. With diverse terrain changes and rolling hills, runners at all levels—from amateur to elite—will find an inspiring and challenging environment to train and compete.

Upcoming Events

The expanded running program at Stable View aims to introduce several new events, including:

- **The Aiken Trailblazer** – Expansion to a Full Marathon in addition to existing biannual race options.
- **Backyard Ultras** – A test of endurance and strategy for distance runners.
- **Relay Races** – A team-based challenge to push the limits together.
- **Weekly Runs & Breakfast** – A social opportunity for runners to connect and refuel.
- **Trail Race “Academy”** – A unique program to help runners develop a structured race day routine and alleviate race jitters through simulated timed 5K races.
- **Adventure Races** – A personal challenge and self-discovery race that is both mentally and physically challenging.
- **Family Fun Runs** - designed for fellowship and enjoyment

Stable View is continuing to look for more opportunities to host a variety of running events that are not limited to the above events.

Running Retreats

Stable View is also considering promoting running retreats, which would incorporate wellness experiences from Stable View Healing Arts, Dining at Stable View Bistro, and use of on-site accommodations. With over 15 miles of trails, Stable View provides an immersive running experience in a serene setting.

Membership Benefits

Runners who join the proposed Aiken Trails Club @ Stable View will enjoy exclusive benefits, including:

- **Access to hot/cold showers** for post-run recovery.
- **Discount at The Bistro @ Stable View** for nutritious meals and refreshments.
- **Discounted Accommodations & RV hookups** for convenient overnight stays.
- **Complimentary Wi-Fi** - stay connected.
- **Discounted Healing Arts activities**, promoting recovery and wellness.

Whether you are a seasoned competitor or new to trail running, Stable View will be offering an unparalleled experience to elevate your training and race day performance. Join us in embracing the spirit of running and adventure!

For more information, please contact:

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